



72 Hour Survival Kit

- Water (1 gallon per person per day)
- MRE (Meal Ready to Eat) (3 per person per day)
- Non perishable food items
- Canned food (vegetables, fruit, tuna etc.)
- Water purification tablets (50)
- Thermal Blankets (1 per person)
- Ponchos (1 per person)
- Flash light with spare batteries
- AM/FM radio with spare batteries
- 12 Hour light sticks (3)
- Plastic bags used for sanitation (12)
- 5 Hour emergency candles (5)

- Waterproof Matches (1 box)
- 52 Piece first aid kit
- Vinyl gloves for first aid kit (6 pairs)
- Tissue packs
- Toilet paper
- Waterless hand cleaner
- Safety whistle
- Dust masks
- Leather work gloves (1 pair per person)
- Duct tape (1 roll)
- Nylon cord (50 feet)
- Multi-purpose tool (i.e. leatherman with pliers, knife screw driver, etc.)
- Can Opener
- 8 Hour hand warmers (12)
- Seasonal clothing
- Folding camp shovel

- ABC fire extinguisher
- Wool blankets (1 per person)

Don't forget to remember special needs items such as:

- ❖ Baby supplies (formula, diapers, wipes etc)
- ❖ Personal Hygiene (Sanitary napkins, toothbrush, toothpaste, soap, etc.)
- ❖ Contact lens solution, eyeglasses
- ❖ Medications (inhalers, insulin, vitamins, etc.)
- ❖ Out of state emergency contacts
- ❖ Pen and paper
- ❖ Playing cards and board games

A five gallon bucket to store survival kit supplies